



National Dance Council of Canada

Conseil National en Danse du Canada

LATIN AMERICAN SYLLABUS STEP LIST , LISTE DES FIGURES, COMPETITIONS & MEDAL TESTS

		CHA CHA			RUMBA			SAMBA			PASO DOBLE
Beginners Débutants	1	Basic Movements, Closed, Open and in Place.	1	Basic Movements (Closed, Open, In Place, Alternative)	1	Basic Movements: Natural and Reverse, Side and Progressive	1	Sur Place	1	Basic Movement	
	2	New York (Left and Right side)	2	Cucarachas Left Foot and Right Foot	2	Whisks (also with Lady's Underarm Turn)	2	Chassés to Right or Left (including elevations)	2	Drag	
	3	Spot Turns to Left or Right (incl. Switch and Underarm Turns)	3	New York to Left and Right side	3	Samba Walks in Promenade Position	3	Deplacement (also Attack)	3	Promenade Link (also Promenade Close)	
	4	Shoulder to Shoulder Left side & Right side	4	Spot Turns to Left or Right (incl. Switch and Underarm Turns)	4	Rhythm Bounce	4	Promenade	4	Ecart (Fellaway Whisk)	
	5	Hand to Hand (Right and Left side position)	5	Shoulder to Shoulder	5	Travelling Volta to Right and Left (facing no turn)	5	Separation	5	Separation with Lady's Capping Walks	
Pre-Bronze Pré-Bronze	6	Three Cha Cha Chas- Fwd and Back.	7	Progressive Walks forward or back	6	Travelling Bota Fogos Forward	7	Promenade	7	Separation	
	7	Side Steps (to Left and Right)	8	Side Steps (to Left or Right)	7	Cris Cross Bota Fogos (Shadow Bota Fogos)	8	Ecart (Fellaway Whisk)	8	Separation	
	8	There and Back	9	Cuban Rocks	8	Samba Walks (Side and Stationary)	9	Separation	9	Separation with Lady's Capping Walks	
	9	Time steps			3		10	Separation with Lady's Capping Walks			
Bronze	10	Fan	10	Fan	8	Travelling Bota Fogos Back	11	Fellaway Ending to Separation	11	Fellaway Ending to Separation	
	11	Alemans	11	Alemans	9	Bota Fogos to PP and CPP	12	Huit	12	Huit	
	12	Hockey Stick	12	Hockey Stick	10	Cris Cross Voltes	13	Sixteen	13	Sixteen	
	13	Natural Top	13	Natural Top	11	Solo Spot Volta	14	Promenade and Counter Promenade	14	Promenade and Counter Promenade	
	14	Natural Opening Out Movement	14	Opening Out to Right and Left	12	Foot Changes 1&2	15	Grand Circle	15	Grand Circle	
	15	Closed Hip Twist	15	Natural Opening Out Movement	13	Shadow Travelling Volta	16	Open Telemark	16	Open Telemark	
Silver Argent	10	Fan (Development)	10	Fan (Development)	12	Foot Changes 1-2-3-4-8	17	La Passe	17	La Passe	
	16	Open Hip Twist	17	Open Hip Twist	17	Open Rocks	18	Banderillas	18	Banderillas	
	17	Reverse Top	18	Reverse Top	18	Back Rocks	19	Twist Turn	19	Twist Turn	
	18	Opening Out from Reverse Top	19	Opening Out from Reverse Top	19	Pleit	20	Fellaway Reverse Turn	20	Fellaway Reverse Turn	
	19	Aida	20	Aida	20	Rolling Off the Arm	21	Coup de Figue	21	Coup de Figue	
	20	Spiral Turns (Spiral, Curl and Rope Spinning)	21	Spiral Turns (Spiral, Curl and Rope Spinning)	21	Argentine Crosses	22	Left Foot Variation	22	Left Foot Variation	
	21	Cross Basic			22	Maypole	23	Spanish Lines	23	Spanish Lines	
	22	Cuban Breaks (incl. Split Cuban Breaks)			23	Shadow Circular Volta	24	Flamenco Taps	24	Flamenco Taps	
Gold Or	11	Alemans R to R Hand hold Adv. Hip Twist (Development)	7	Progressive walks fwd in Right shadow Position (kiki walks)	12	Foot Changes 1 to 8	25	Syncopated Separation	25	Syncopated Separation	
	24	Advanced Hip Twist	11	Alemans R to R Hand hold Advanced Hip Twist (Development)	24	Contra Bota Fogos	26	Travelling Spins from PP	26	Travelling Spins from PP	
	25	Hip Twist Spiral	22	Sliding Doors	25	Roundabout	27	Travelling Spins from CPP (No Syncopation)	27	Travelling Spins from CPP (No Syncopation)	
	26	Turkish Towel	23	Fencing	26	Natural Roll	28	Fregoline (also Farol)	28	Fregoline (also Farol)	
	27	Sweetheart	24	Three Threes	27	Reverse Roll	29	Twists	29	Twists	
	28	Follow My Leader	25	Three Alemans	28	Promenade and Counter Prom. Runs	30	Chassé Cape (incl. outside turn)	30	Chassé Cape (incl. outside turn)	
	29	Foot Changes	26	Hip Twists - Adv. Continuous-Circular	29	Three Step Turn					
					30	Samba Locks					
					31	Cruceados Walks and Locks					
Gold Star - Etoile d'Or Steps 1 - 29 Figures 1 - 29 See note - Voir note			Gold Star - Etoile d'Or Steps 1 - 26 Figures 1 - 26 See note - Voir note			Gold Star - Etoile d'Or Steps 1 - 31 Figures 1 - 31 See note - Voir note			Gold Star - Etoile d'Or 31- Travelling Spins from CPP with syncopated timing Steps 1 - 31 - Figures 1 - 31 See note - Voir note		

JIVE				General Information		Informations Générales	
Beginners Débutants	1	Basic in Place	Silver Argent	4	Hesitation (1-2 of link)	Gold Star : All above figures in each dance also the figures and amalgamations as written in the book Popular Variations by ISTD. Complete figures must be danced.	Etoile d'Or : Toutes les figures mentionnées dans chaque danse ainsi que les encheînements tels que décrits dans le livre de Popular Variations de l'ISTD. Les figures complètes doivent être dansées.
	2	Fellaway Rock		15	Reverse Whip		
Pre-Bronze Pré-Bronze	3	Fellaway Throwaway	Gold Or	16	Windmill	Arms No restrictions. The use of arms should be rhythmic and suit the figure and the dance	Bras Aucune restriction. L'utilisation des bras devrait être rythmique et convenir à la figure et à la danse.
	4	Link (kick ball change all levels)		17	Spanish Arms		
	5	Change of Places Right to Left		18	Rolling Off the Arm		
	6	Change of Places Left to Right		19	Simple Spin		
Bronze	7	Change of Hands Behind Back	Gold Star Etoile d'Or	20	Miami Special	Please Note: In syllabus competitions IDTA styling or foot positions may be used. Examinations remain as per ISTD Reference: ISTD Manuals ISTD Popular Variations	S.V.P. Note: Pour les compétitions, le style et les positions de pieds de l'IDTA peuvent être utilisés. Pour les examens utilisez l'ISTD Références : Manuels ISTD ISTD Popular Variations
	8	Hip Bump (Left Shoulder Shove)		21	Curly Whip		
	5	Change of Places Right to Left with Change of Hands		22	Shoulder Spin		
	6	Change of Places Left to Right with Change of Hands		23	Toe Heel Swivels		
				24	Chugging		
				25	Chicken Walks		
				26	Catapuit		
				27	Stalking Walks, Flicks and Break		
Steps 1 - 27 Figures 1 - 27 See note - Voir note							